

MRC Tennis Academy

Register @ www.midcoastrec.org

Junior Academy

Ages 10-14

The first class of the September session is 9/15.

For players ages 10-14 with experience. Stroke production, strategy for both singles and doubles, match play and fitness will be the focus.

If you have not participated in this program before, please check in with Seth prior to registration.
seth@midcoastrec.org

Current Maine CDC Covid protocols will be used.

Tennis Academy

Ages 14-18

First class of the September session is 9/14.

For players age 14-18 with experience. Advanced stroke techniques, strategy and training will be the focus.

If you have not participated in this class before please check in with Seth before registering.
seth@midcoastrec.org

Current Maine CDC Covid protocols will be followed.