

## 6U AGES 3-6

6U Learn to Skate Hockey for Tots  
Ages 3-4  
Monday 11:00-11:25am  
\$20/month

6U Learn to Skate Hockey  
Monday and Friday 5:30 - 6:20p  
Saturday 2:40-3:30pm  
\$20/day/month

6U Learn to PLAY Hockey  
Monday & Friday 5:30 - 6:20p  
Saturday 2:40-3:30p  
\$20/month \$40 /2 days  
\$60/3 days

Snowplow SAM is a skating  
specific program that does not  
require hockey gear and is not  
eligible for hockey discount.

Snowplow SAM for Tots  
Ages 3-4  
Monday 11:25-11:50am  
\$20/month

Snowplow SAM  
Wednesday 5:50 - 6:15p  
Saturday 11:30-11:55  
\$20/day/month



## 8U AGES 7-8

7+ Learn to Skate Hockey 1 - 2  
Monday and Friday 5:30- 6:20p  
Saturday 2:40-3:30pm  
\$30/day/month \$80/ 3 days

7+ Learn to PLAY Hockey 1-2  
Monday and Friday 5:30- 6:20p  
Saturday 2:40-3:30pm  
\$30/day/month \$80/ 3 days

8U Mites  
Tuesday and Thursday 5:30-6:30p  
Game Day Saturday 3:30-4:30  
\$350 Season (Oct-Mar)

8U House Mites(8YO Only)  
Partnered with the Storm  
[www.maine coastskaters.org](http://www.maine coastskaters.org)  
\$250

House and Travel Hockey  
Partnered with the Storm  
[www.maine coastskaters.org](http://www.maine coastskaters.org)

Basic Skills is a skating specific  
program that does not require  
hockey gear.

Basic Skills 1-6  
Wednesday 5:50-6:40p  
Saturday 11:30-12:20p  
\$115/6 Week Session

For More Details

[www.midcoastrec.org](http://www.midcoastrec.org)

## 9-14

7+ Learn to Skate Hockey 1 - 2  
Monday and Friday 5:30- 6:20p  
Saturday 2:40-3:30pm  
\$30/day/month \$80/ 3 days

7+ Learn to PLAY Hockey 1-2  
Monday and Friday 5:30- 6:20p  
Saturday 2:40-3:30pm  
\$30/day/month \$80/ 3 days

Morning Skating Development  
Tuesday and Thursday  
6:30-7:30a  
\$30/month  
\$50 for both days  
\*Starting in January\*

House and Travel Hockey  
Partnered with the Storm  
[www.maine coastskaters.org](http://www.maine coastskaters.org)

Basic Skills 1-6  
Wednesday 5:50-6:40p  
Saturday 11:30-12:20p  
\$115/6 Week Session

**STEP 1** Learn to SKATE

**STEP 2** Learn to PLAY

**STEP 3** Advanced Programs

## HS

7+ Learn to Skate Hockey 1 - 2  
Monday and Friday 5:30- 6:20p  
Saturday 2:40-3:30pm  
\$30/day/month \$80/ 3 days

7+ Learn to PLAY Hockey 1-2  
Monday and Friday 5:30- 6:20p  
Saturday 2:40-3:30pm  
\$30/day/month \$80/ 3 days

Adult Learn to Play Hockey-16+  
Saturday 4:40-5:40pm \$15/ drop in  
in 11/3,11/17,11/24,12/1, 12/22,  
12/29, 1/12, 1/26, 2/9

Basic Skills 1-6  
Wednesday 5:50-6:40p  
Saturday 11:30-12:20p  
Cost: \$115/6 Week Session

Camden Hills High School  
Varsity & JV Teams  
Link on our website

Midcoast Ice Cats  
Junior Varsity Regional Team  
Link on our website

Women's Hockey (Sunday)  
[www.facebook.com/MidcoastWomensIceHockey](http://www.facebook.com/MidcoastWomensIceHockey)



**YOUR FIRST MONTH OF  
6U HOCKEY IS FREE**

MRC is growing hockey by allowing first time  
players the chance to play for FREE. All the  
equipment is included (as available)

## ADULT

Adult Learn to Play Hockey  
Saturday 4:40-5:40pm \$15/ drop  
in 11/3,11/17,11/24,12/1, 12/22,  
12/29, 1/12, 1/26, 2/9

Adult Groups (Every weeknight)  
Contact [Jesse@midcoastrec.org](mailto:Jesse@midcoastrec.org)  
236-9400

Women's Hockey  
Sundays  
[www.facebook.com/MidcoastWomensIceHockey](http://www.facebook.com/MidcoastWomensIceHockey)

Adult League (Advanced)  
Contact [Jesse@midcoastrec.org](mailto:Jesse@midcoastrec.org)  
236-9400

Friday Night Pickup Hockey  
\$10 Register ahead  
Check with front desk  
Generally 9pm  
Stick and Puck \$10





### Learn To Skate

**Snowplow SAM**  
Ages 3-6  
Perfect program for beginner skaters taking their first steps. Skates included.  
Wed 5:50-6:15p  
Sat 11:30-11:55a  
\$20/month

**Basic Skills**  
Ages 7-99  
This 6 step badge program is the perfect foundation for future skating success in any style of skating.  
Wed 5:50-6:40p  
Sat 11:30-12:20p  
\$115 / 6 weeks  
\* **FREE Public Skate with each 6 week session\***

### Intro Programs

**Intro to Edges**  
Must pass Basic 3  
Sat 9:30-9:55a  
\$60 / 6 weeks

**Intro to Freeskiate**  
Must pass Basic 3  
Sat 9:55-10:20a  
\$60 / 6 weeks

**Intro to Synchro**  
Ages 3-6  
Must pass Snowplow SAM 2  
Sat 10:55-11:20a  
\$60 / 6 weeks

**Intro to Theatre**  
Ages 3-6  
Must pass Snowplow SAM 2  
Sat 10:30-10:55a  
\$60 / 6 weeks

### Specialty Programs

**Advanced Edges\***  
Must pass Pre-Prelim  
Sat 9:30 - 9:55a  
\$80 / 6 weeks

**Advanced Freeskiate\***  
Must pass Pre-Prelim  
Sat 9:55 - 10:20a  
\$80 / 6 weeks

**Power Skating\***  
Must pass Basic 3  
Sat 10:20 - 10:30a  
\$10 drop in

**Theatre On Ice**  
Must pass Basic 3  
Sat 10:55-11:20a  
\$80 / 6 weeks

**Synchro**  
Must pass Basic 3  
Sat 10:30 - 10:55a  
\$80 / 6 weeks

\*Package Discount

### Lessons / Testing

**Lessons**  
These are set up with instructors directly and occur during Freestyle Ice Slots. Our Skating Director can help with getting you started.  
\$14+ Instructor Fee

**Testing**  
This is a great way to test the skills you've been developing by USFS officials. A great accomplishment and can be done with any level. Contact our Skating Director for more details.

### Show Time

**Celebration On Ice**  
Our Skaters highlight their progress half way through the season with our Annual Holiday Show.

**Spring Ice Show**  
This is the biggest event for our aspiring Figure Skaters. It's a great way to show off the skills they've been building over the year. Last years show flyers below.  
March

### Skating Director

**Kitrina Patterson**  
Kitrina@midcoastrec.org  
207-236-9400

### Session Dates

**Session 1:** 9/19 - 10/27  
**Session 2:** 11/3 - 12/19  
NO CLASS: 11/21 & 11/24  
**Session 3:** 1/2 - 2/9  
**Session 4:** 2/13 - 3/27  
NO CLASS: 2/20

### Freestyle Ice

Must pass Basic 3  
Sat 7:40-8:30a  
Sat 8:30-9:20a  
Wed 4-4:50p  
Wed 4:50-5:40p  
\$14/drop-in



### More Info

For more information and complete program descriptions, please see our web site at [www.midcoastrec.org](http://www.midcoastrec.org).

Join the Mailing List or online at [midcoastrec.org](http://midcoastrec.org)



## PUBLIC SKATE — Every Day

**\$5/ Adult \$4/Child & Seniors**

**Schedule is subject to change**

**check website for the latest times**

**[www.midcoastrec.org](http://www.midcoastrec.org)**



### Support our Annual Campaign and Youth Programs

MRC is growing the game of hockey. This is why we have introduced our FREE Learn to Skate Hockey Program for kids ages 3-6. Last year over 100 children participated in our 6U Hockey program for FREE. Please consider a donation to support this program. Donate online @ [www.midcoastrec.org](http://www.midcoastrec.org)



## MRC Skating and Hockey Guide 2018-19



## Midcoast Recreation Center

535 West St, Rockport, Maine

[www.midcoastrec.org](http://www.midcoastrec.org) 207-236-9400