

## MRC HOCKEY PLAYER DEVELOPMENT PATHWAY



AGES 3-6

6U Learn to Skate Hockey for Tots Ages 3-4 Monday 11:00-11:25am \$20/month

6U Learn to Skate Hockey Monday and Friday 5:30 - 6:20p Saturday 2:40-3:30pm \$20/day/month

6U Learn to PLAY Hockey Monday & Friday 5:30 - 6:20p Saturday 2:40-3:30p \$20/month \$40 /2 days \$60/3 days

Snowplow SAM is a skating specific program that does not require hockey gear and is not eligible for hockey discount.

Snowplow SAM for Tots Ages 3-4 Monday 11:25-11:50am \$20/month

Snowplow SAM
Wednesday 5:50 - 6:15p
Saturday 11:30-11:55
\$20/day/month



AGES 7-8

7+ Learn to Skate Hockey 1 - 2 Monday and Friday 5:30– 6:20p Saturday 2:40-3:30pm \$30/day/month \$80/ 3 days

7+ Learn to PLAY Hockey 1-2 Monday and Friday 5:30–6:20p Saturday 2:40-3:30pm \$30/day/month \$80/3 days

#### 8U Mites

Tuesday and Thursday 5:30-6:30p Game Day Saturday 3:30-4:30 \$350 Season (Oct-Mar)

8U House Mites(8YO Only)
Partnered with the Storm
www.mainecoastskaters.org
\$250

House and Travel Hockey
Partnered with the Storm
www.mainecoastskaters.org

Basic Skills is a skating specific program that does not require hockey gear.

Basic Skills 1-6
Wednesday 5:50-6:40p
Saturday 11:30-12:20p
\$115/6 Week Session

For More Details

www.midcoastrec.org

# 9-14

7+ Learn to Skate Hockey 1 - 2 Monday and Friday 5:30– 6:20p Saturday 2:40-3:30pm \$30/day/month \$80/3 days

7+ Learn to PLAY Hockey 1-2 Monday and Friday 5:30– 6:20p Saturday 2:40-3:30pm \$30/day/month \$80/ 3 days

Morning Skating Development
Tuesday and Thursday
6:30-7:30a
\$30/month
\$50 for both days
\*Starting in January\*

House and Travel Hockey Partnered with the Storm www.mainecoastskaters.org

Basic Skills 1-6 Wednesday 5:50-6:40p Saturday 11:30-12:20p \$115/6 Week Session

7+ Learn to Skate Hockey 1 - 2 Monday and Friday 5:30-6:20p Saturday 2:40-3:30pm \$30/day/month \$80/3 days

7+ Learn to PLAY Hockey 1-2 Monday and Friday 5:30– 6:20p Saturday 2:40-3:30pm \$30/day/month \$80/ 3 days

Adult Learn to Play Hockey-16+ Saturday 4:40-5:40pm \$15/ drop in in 11/3,11/17,11/24,12/1, 12/22, 12/29, 1/12, 1/26, 2/9

Basic Skills 1-6 Wednesday 5:50-6:40p Saturday 11:30-12:20p Cost: \$115/6 Week Session

Camden Hills High School Varsity & JV Teams Link on our website

Midcoast Ice Cats
Junior Varsity Regional Team
Link on our website

Women's Hockey (Sunday) www.facebook.com/ MidcoastWomensIceHockey

Adult Learn to Play Hockey Saturday 4:40-5:40pm \$15/ drop in 11/3,11/17,11/24,12/1, 12/22, 12/29, 1/12, 1/26, 2/9

Adult Groups (Every weeknight)
Contact Jesse@midcoastrec.org
236-9400

Women's Hockey
Sundays
www.facebook.com/
MidcoastWomensIceHockey

Adult League (Advanced)
Contact Jesse@midcoastrec.org
236-9400

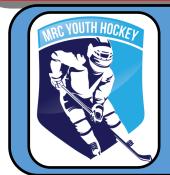
Friday Night Pickup Hockey \$10 Register ahead Check with front desk Generally 9pm Stick and Puck \$10



STEP 1 Learn to SKATE

STEP 2 Learn to PLAY

**STEP 3** Advanced Programs



## YOUR FIRST MONTH OF 6U HOCKEY IS FREE

MRC is growing hockey by allowing first time players the chance to play for FREE. All the equipment is included (as available)



## MRC FIGURE SKATING PATHWAY



### **Learn To** Skate

**Snowplow SAM** 

### Intro **Programs**

### Specialty **Programs**

#### Lessons / **Show Time Testing**

### Intro to Edges

Ages 3-6 Perfect program for beginner skaters taking \$60 / 6 weeks their first steps. Skates included.

Wed 5:50-6:15p Sat 11:30-11:55a \$20/month

#### **Basic Skills**

Ages 7-99 This 6 step badge pro-SAM 2 gram is the perfect Sat 10:55-11:20a foundation for future \$60 / 6 weeks skating success in any style of skating. Wed 5:50-6:40p

#### Intro to Theatre

SAM 2 Sat 10:30-10:55a \$60 / 6 weeks

Must pass Basic 3 Sat 9:30-9:55a

### Intro to Freeskate

Must pass Basic 3 Sat 9:55-10:20a \$60 / 6 weeks

#### Intro to Synchro

Ages 3-6 Must pass Snowplow

Ages 3-6 Must pass Snowplow

\$80 / 6 weeks

#### Advanced Edges\*

Must pass Pre-Prelim Sat 9:30 - 9:55a \$80 / 6 weeks

#### Advanced Freeskate\* Must pass Pre-Prelim

Sat 9:55 - 10:20a \$80 / 6 weeks

### Power Skating\*

Must pass Basic 3 Sat 10:20 - 10:30a \$10 drop in

### Theatre On Ice

Must pass Basic 3 Sat 10:55-11:20a \$80 / 6 weeks

#### Svnchro

Must pass Basic 3 Sat 10:30 - 10:55a

\*Package Discount

#### Lessons

These are set up with instructors directly and occur during Freestyle Ice Slots. Our Skating Director can help with getting you started.

#### Testing

This is a great way to test the skills you've been developing by USFS officials. A great accomplishment and can be done with any level. Contact our Skating Director for more details.

Freestyle Ice Must pass Basic 3

Sat 7:40-8:30a Sat 8:30-9:20a

Wed 4-4:50p

Wed 4:50-5:40p

\$14+Instructor Fee

### **Celebration On Ice**

Our Skaters highlight their progress half way through the season with our Annual Holiday Show.

#### **Spring Ice Show**

This is the biggest event for our aspiring Figure Skaters. It's a great way to show off the skills they've been building over the year. Last years show flvers below.



### **Skating Director**

\* FREE Public Skate

with each 6 week

Sat 11:30-12:20p

\$115 / 6 weeks

session\*

Kitrina Patterson Kitrina@midcoastrec.org 207-236-9400

#### **Session Dates**

Session 1: 9/19 - 10/27 Session 2: 11/3 - 12/19 NO CLASS: 11/21 & 11/24 **Session 3:** 1/2 - 2/9

Session 4: 2/13 - 3/27 NO CLASS: 2/20

\$14/drop-in

### **More Info PUBLIC SKATE — Every Day**

For more information and complete program descriptions, please see our web site at www.midcoastrec.org.











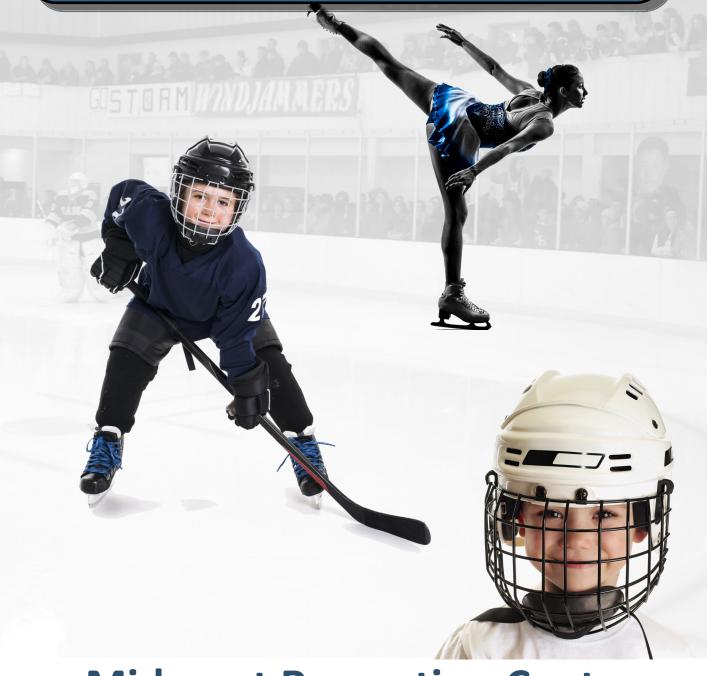
\$5/ Adult \$4/Child&Seniors Schedule is subject to change check website for the latest times www.midcoartrec.org

### Support our Annual Campaign and Youth Programs

MRC is growing the game of hockey. This is why we have introduced our FREE Learn to Skate Hockey Program for kids ages 3-6. Last year over 100 children participated in our 6U Hockey program for FREE. Please consider a donation to support this program. Donate online @ www.midcoastrec.org



## MRC **Skating and Hockey Guide** 2018-19



## **Midcoast Recreation Center**

535 West St, Rockport, Maine www.midcoastrec.org 207-236-9400